

Referral Form

(Please note PATH Counselling specialises in matters of predominantly Depression, Anxiety and PTSD)
Counselling sessions can only be conducted in English language at this moment in time.

1. First Name:
2. Last Name:
3. Current Address (Number, Street, City, Country):
4. Post code:
5. Email address:
6. Mobile:
7. Landline (optional):
8. Gender:
If other, please specify:
9. Sexual Orientation:
If other, please specify:
10. Date of Birth:
11. Ethnicity:
If other, please specify:
12. Nationality:
13. Religion:
If other, please specify:
14. Disability ☐ No ☐ Yes – please specify:
15. GP Practice/Surgery (Name of Surgery, Telephone number, Street, City, Postcode)
16. Have you accessed any form of therapy before? ☐ No ☐ Yes

17. What brings you to PATH Counselling?

Describe the presenting mental health issue(s), its severity, duration, impact, risks and triggers. Please provide details of any medication being taken currently also.

18. Physical Health:

Please give information regarding any physical health problems you may have.

19. Multi-agency involvement:

Please provide details of any other professional services you are accessing. E.g social services, psychiatrist, psychologist etc.

20. Safeguarding:

Have you or anyone else ever had to raise a safeguarding for you? (If you have posed a risk to yourself or others)

☐ No ☐ Yes

21. If yes, please provide details of this and what was the outcome?

Criminal conviction

22. Do you have any UNSPENT convictions and or cautions as outlined in the Rehabilitation of Offenders Act 1974? This includes any unspent convictions that may have been issued in any other country, where it would be an equivalent offence in England and Wales. It also includes all unspent convictions or Summary Hearings that have been issued under military law while serving in the Armed Forces in the UK or any other country, where it would be an equivalent offence in England and Wales. You are not required to disclose any information in relation to convictions that have become SPENT. In these circumstances, you should select NO to this question.

☐ No ☐ Yes

If yes, please provide details of the conviction and or caution with Summary of Hearing including the date and sentence administered in the space below.

23. Do you have any convictions and or cautions that are not protected (i.e. eligible for filtering) as outlined in the Rehabilitation of Offenders Act 1974 exceptions order 1975 as amended in the exceptions order? It also includes all convictions and cautions or summary hearings that have been issued under military law while serving in the armed forces either in the UK or any other country. Where the equivalent offence in England and Wales is not protected, you are not required to disclose any information in relation to the above. If all convictions are protected (i.e. eligible for filtering as outlined in the exceptions order) in these circumstances you should select no to this question. This requirement is regardless as to whether any conviction is spent or remains unspent.

☐ No ☐ Yes

If yes, please provide details of the conviction and or caution with Summary of Hearing including the date and sentence administered in the space below.

Please note, if you do have a criminal conviction or caution, this will in no way affect your referral. Rather, this will still undergo review and assessment before any support is offered. That is if the referral is accepted by PATH Counselling, based on information provided and eligibility for services offered in line with what we can offer.



27. I hereby confirm that the information provided herein is accurate, correct and complete to the best of my knowledge and that the questions have been answered truthfully and genuinely. I intend to inform PATH Counselling in writing, or with my counsellor, of any changes to the information already provided and to update the information on this form whenever requested to do so by PATH Counselling.

☐ I CAN CONFIRM

Thank you for completing our referral form. We will be in touch with you within 10 working days of submitting this form. If you do not hear from within this time frame, please email us or give us a call. Number can be found on our website.

Kind regards

PathCounselling Team

By clicking this button you will be directed to sending this form via email to info@pathcounselling.co.uk. If for whatever reason this is not working, please download your completed form and submit to the email provided.



PRIVACY NOTICE:

When you submit this referral, you are confirming that the information you have given is accurate and complete. If PATH Counselling believe that you or any other person have given false information in your referral; have omitted any information requested in the referral or on our website; have omitted other material information; or have made any misrepresentation in the information given; we will take the necessary steps to check the authenticity of your referral. PATH Counselling reserve the right at any stage to ask you to give further details on any aspect of your referral e.g proof of identification, mental health assessments, etc. If you do not provide satisfactory information within the given time period, or if any part of your referral is found to be fraudulent in any way, PATH Counselling reserve the right to cancel your referral and withdraw support.

The factual content of a sample set of referrals may be checked and relevant agencies may be contacted on a random basis. For the purpose of preventing fraud, PATH Counselling reserve the right to disclose information on your referral to outside agencies e.g GP, Psychologists, Psychiatrists and other care professionals in the best interest of the client.

PATH Counselling can accept no responsibility for errors in the handling of referrals howsoever caused. By accepting your referral, we are not confirming your eligibility for support with PATH Counselling. This will be subject to review of referral and completion of an initial assessment which will determine suitability and decision. We treat all referrals in strict confidence and adhere to confidentiality following compliance with the General Data Protection Regulation (GDPR) of 2018, with reason to disclose information in the case of safeguarding or disclosure of information which could put client or another person at risk.

We are committed to protecting your personal data and making sure that we collect only the data that we need, that it is processed in a fair, transparent and lawful manner, that it is kept no longer than necessary and that it is thereafter securely destroyed. We have also implemented necessary physical and technical measures to protect the personal data we have under our control, both on and off-line, from improper access, use, alteration, destruction and loss.

We will never sell or share your personal data with other organisations for marketing purposes. We do not use any form of profiling or automated decision making.

YOUR RIGHTS

You have the right to request access to a copy of the personal data that we hold about you, along with information on what personal data we use, why we use it, who we share it with, and how long we keep it for.

You can ask us to change or complete any inaccurate or incomplete personal data held about you.

You can ask us to delete your personal data where it is no longer necessary for us to use it, if you have withdrawn consent, or where we have no lawful basis for keeping it.

You can ask us to provide you or a third party with some of the personal data that we hold about you in a structured, commonly used, electronic form, so it can be easily transferred.

You can ask us to restrict the personal data we use about you where you have asked for it to be erased or where you have objected to our use of it.

Note that some of these rights can only apply in certain circumstances and we may not be able to fulfil every request.

If you wish to exercise any of these rights, or if you want to discuss with us any aspect of our privacy practices or make a complaint, please contact info@pathcounselling.co.uk. Should you be unable to resolve a matter with us you can make a complaint to the Information Commissioner's Office at <https://ico.org.uk/>

*Path Counselling Team
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www.pathcounselling.co.uk*